

***THE BUSINESS MODEL OF MODERN
MEDICINE***

***IS
HAZARDOUS TO YOUR HEALTH***

**DR. LEYLA ALI
RED PILL EXPO
NOV 16 2024**

THE BUSINESS MODEL OF MODERN MEDICINE

**IS
HAZARDOUS TO
YOUR HEALTH**



OOPS... SORRY,
JUST TAKE THESE TO
MAKE THAT GO AWAY.

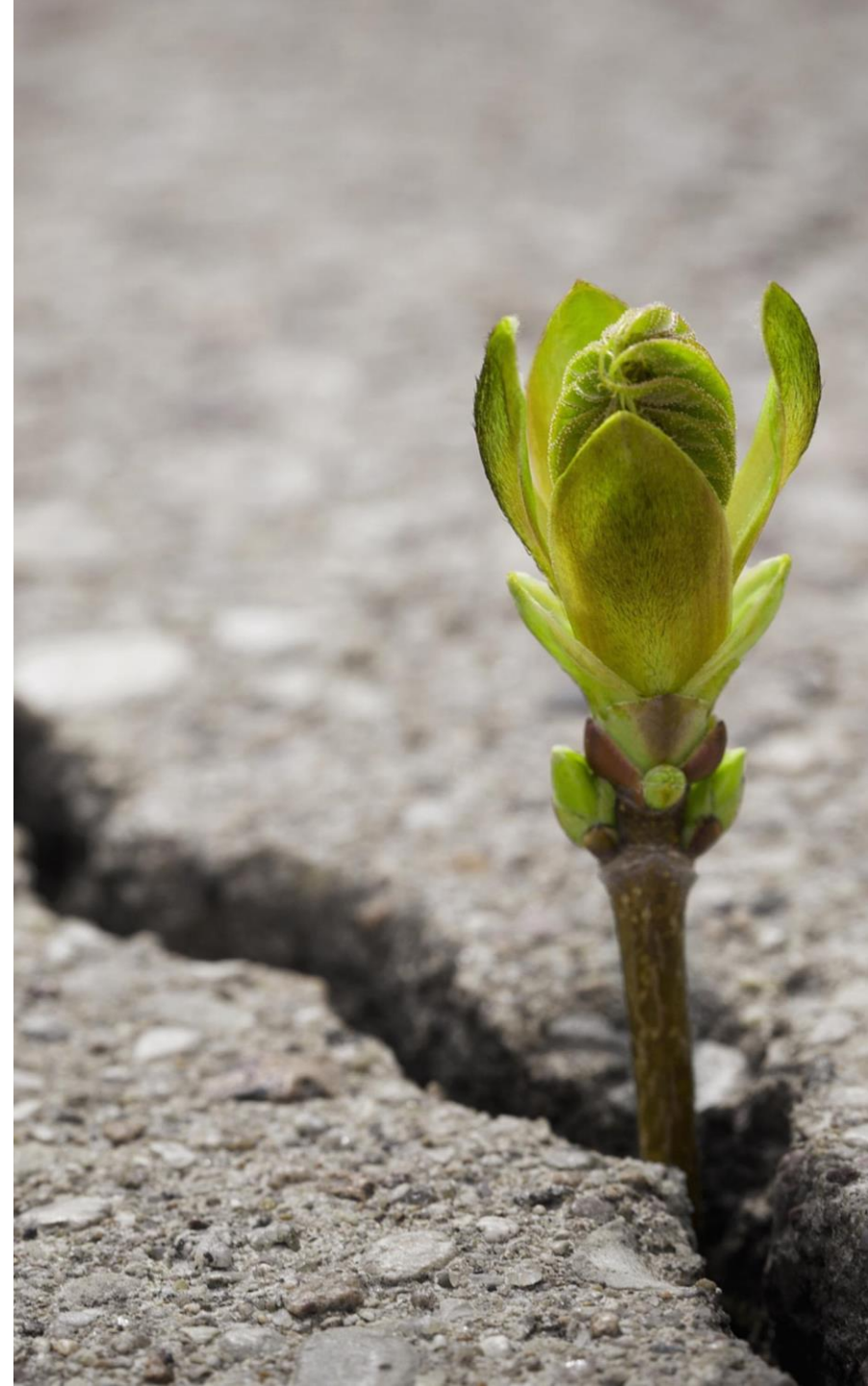
What is the business
model of modern
medicine?

What is health?



WHY TALK ABOUT THIS?

- **Why talk about Modern Medicine is Hazardous to Your Health?**
- People are literally spending hundreds or thousands of dollars a month on pharmaceutical drugs, staying sick for years, when there are often simple proven solutions that can help them heal.
- Unnecessary Medical Procedures



LOOK BACK AT HISTORY

Some ridiculous practices

Trepanation is a hole drilled in the head to treat mental illness

Tapeworms – used for weight loss

Mercury was used to treat syphilis, skin disorders, used in teething formulas



IN 100 YEARS ... LET'S LOOK BACK AT NOW

- Patients going to the doctor to get a chemical made in China or India that's covered on insurance.
- Insurance companies having so much power over healthcare system.
- People with diabetes and other health conditions struggling with for years, expecting a drug to help.



LIES, LIES, LIES



The emperor walked beneath the beautiful canopy in the procession, and all the people in the street and in their windows said, “Goodness, the emperor’s new clothes are incomparable! What a beautiful train on his jacket. What a perfect fit!” No one wanted it to be noticed that he could see nothing, for then it would be said that he was unfit for his position or that he was stupid. None of the emperor’s clothes had ever before received such praise.

“But he doesn’t have anything on!”
said a small child.

Hans Christian Anderson,
The Emperor’s New Clothes, 1837



AGENDA

- Western Medicine versus Holistic Health
- Pharmaceutical companies' influence on healthcare
- 7 Pillars of Health
- I'm going give a couple example of health conditions and where we could do better
- to share some healing stories along the way
- First a little about myself



ABOUT ME

DR. LEYLA ALI



- **GERD**

- **Gastroesophageal Reflux Disease aka Heartburn**

- is related to the complex balance between defense mechanisms and aggressive factors

- **Acne**

- the causes are multifactorial and not completely understood

- **Rheumatoid arthritis**

- the factors that initiate the inflammatory response are unknown.

Gastroesophageal Reflux Disease aka Heartburn

complex balance between defense mechanisms and aggressive

- Acne

- the causes are multifactorial and not fully understood

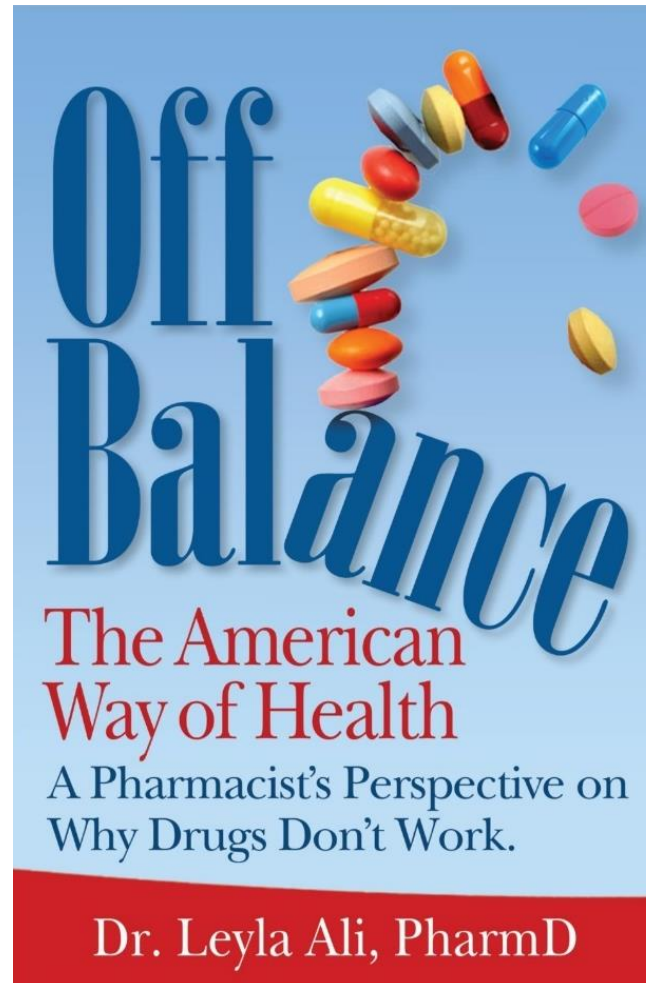
- Rheumatoid arthritis

- the factors that initiate the inflammatory response are

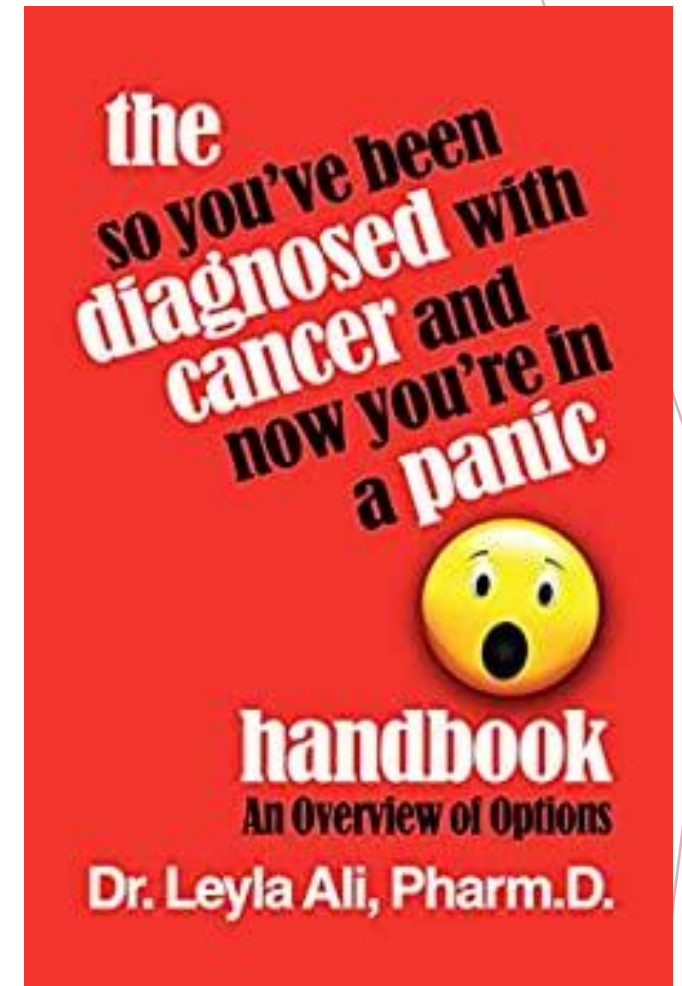
Jibber Jabber

ABOUT ME

- Studied Holistic Health and remedies
- Author
- Worked at mail order pharmacy for large insurance company



2012



2023

CHRONIC DISEASE



- about half of all adults—117 million **people**—had one or more chronic health conditions.
- According to the CDC, chronic diseases are the primary cause of the United States' \$4.5 trillion annual healthcare costs.
- Chronic disease accounts for 90% of the total annual healthcare spending.
- Robert F Kennedy ready to take on chronic disease: **MAHA**
- per CDC (Center for Disease Control)

CHRONIC DISEASES: TREATMENT WESTERN MEDICINE



Go to the doctor



Doctor writes a
prescription



Get rx at pharmacy
covered on insurance



WESTERN MEDICINE VS HOLISTIC MEDICINE



HOLISTIC VS WESTERN MEDICINE



HOLISTIC

- Treats the cause.
- Treats the entire person including body, mind, and spirit.
- Believes the body has the power to heal itself.
- Patient is responsible for his or her own health

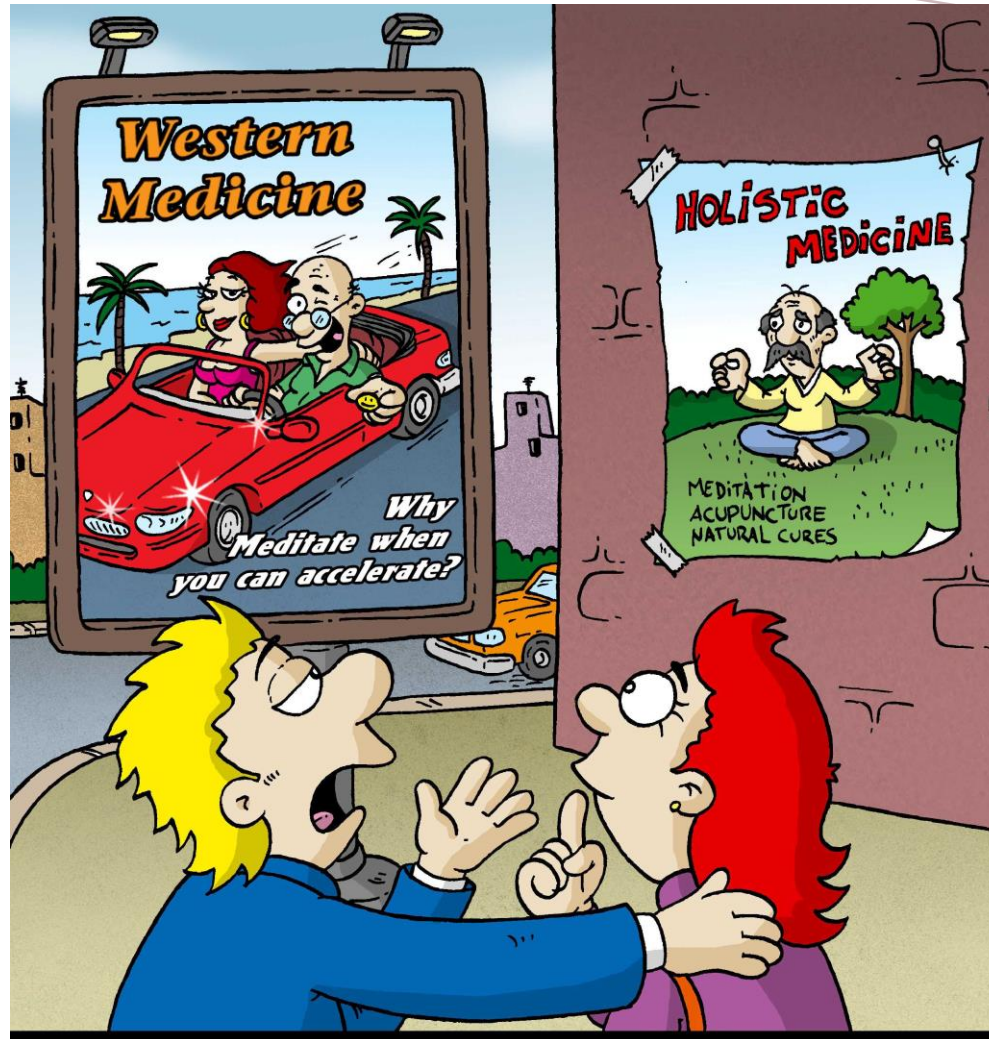
WESTERN MEDICINE

- Treats the symptoms.
- Treats the part that is *broken*.
- Treats most health conditions with drugs.
- Patient must listen to doctor who is authority on health.

TYPES OF HOLISTIC AND ALTERNATIVE HEALTH CARE PRACTICES

- Traditional Chinese Medicine, Acupuncture
- Integrative Medicine
- Ayurvedic Medicine
- Naturopathic Medicine
- Somatic Experiencing
- Hypnotherapy
- Reiki

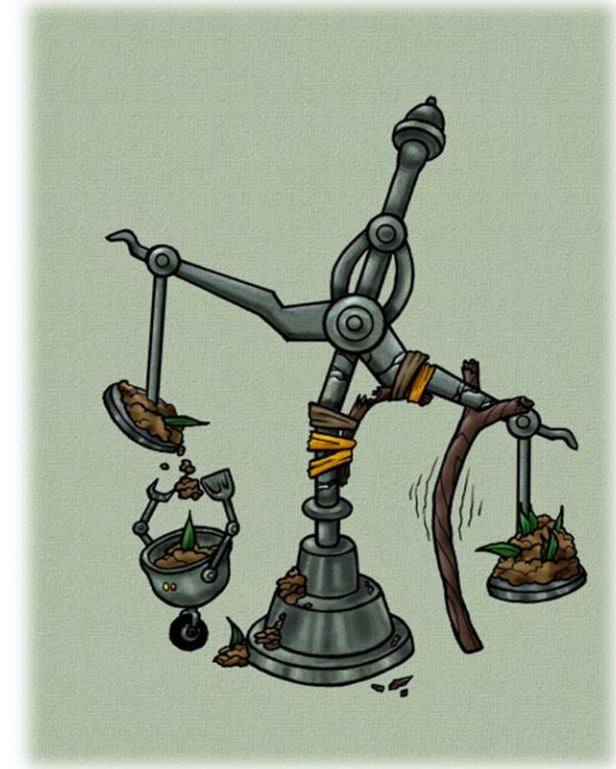




THEY CAN'T EVEN
AFFORD TO ADVERTISE !

BALANCE SCALES

- A visual comparison of Western Medicine with Holistic approaches.



HOLISTICALLY: GOAL IS TO RESTORE BALANCE.



A Healthy Body



Patient is sick



Regain balance

WESTERN MEDICINE: GOAL TO ALLEVIATE SYMPTOMS.



A Healthy Body



Patient is sick



Brace

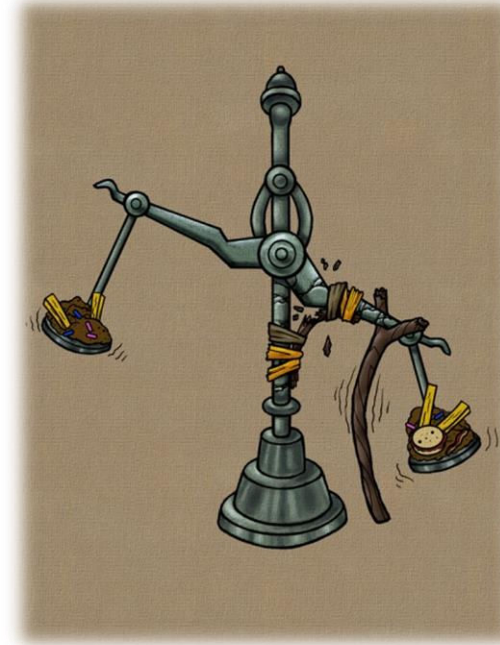
WESTERN MEDICINE: GOAL TO ALLEVIATE SYMPTOMS.



Brace Breaks



Add 2nd Brace

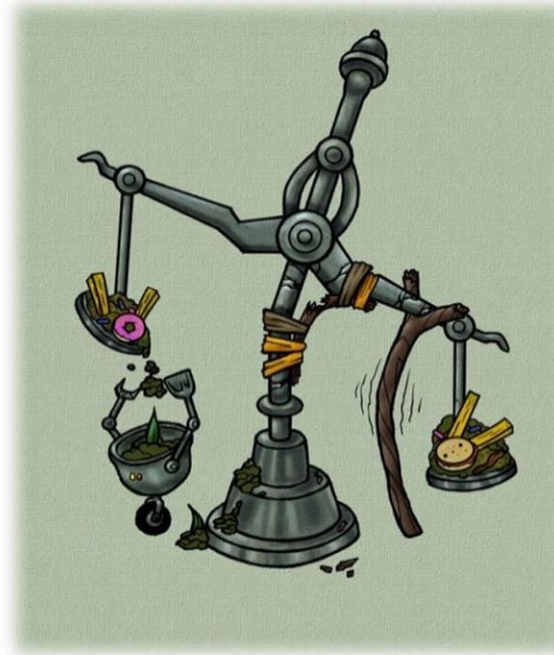


2nd Brace Breaks

WESTERN MEDICINE: GOAL TO ALLEVIATE SYMPTOMS.



Lose Nutrients



High Tech drugs

WESTERN MEDICINE: GOAL TO ALLEVIATE SYMPTOMS.



- ❧ Multiple medications.
- ❧ Multiple side effects.
- ❧ Off balance for long-term,
- ❧ Patients feel terrible.
- ❧ Health care costs \$\$\$

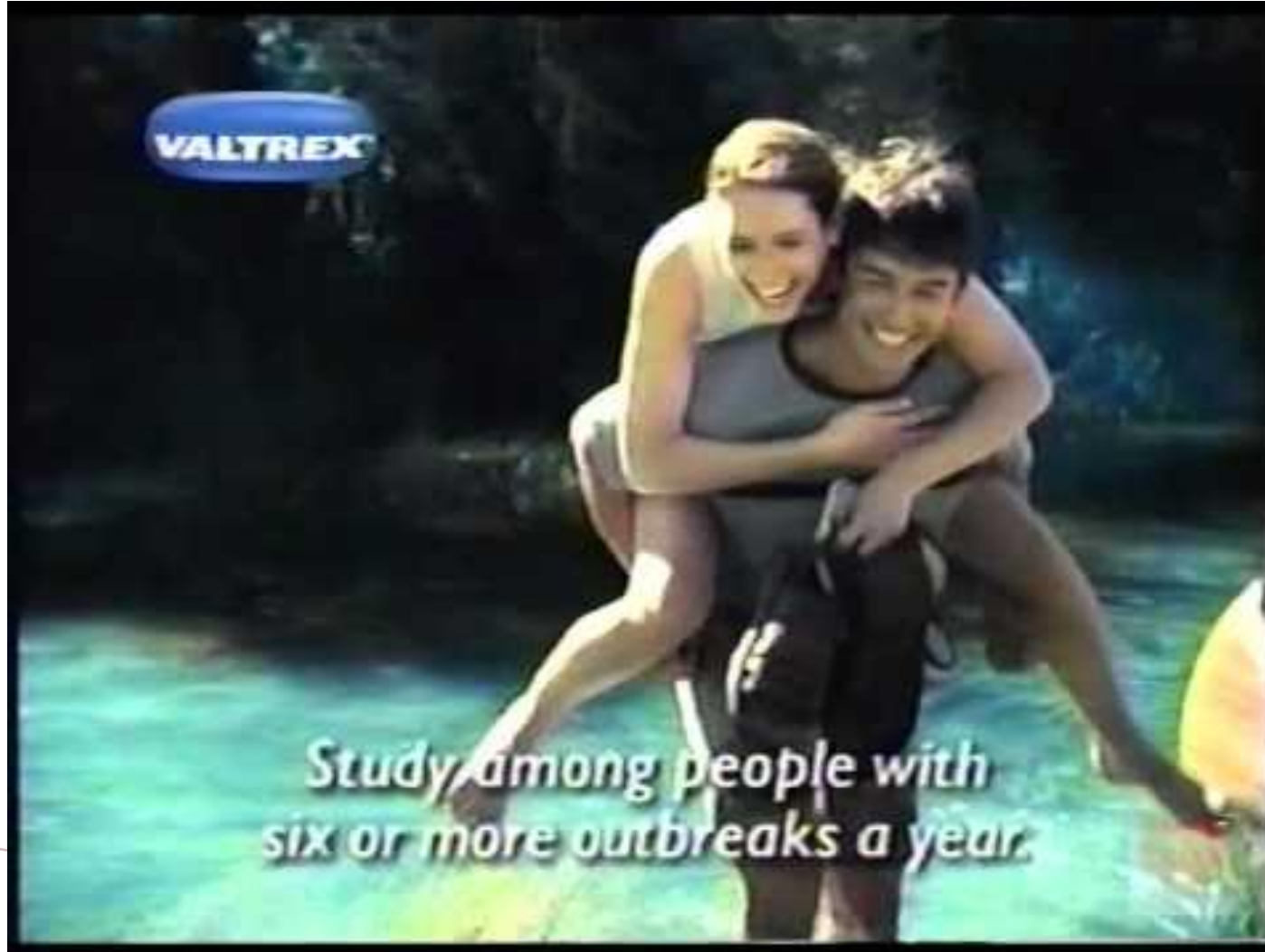


I NEED MY MEDICINE!!

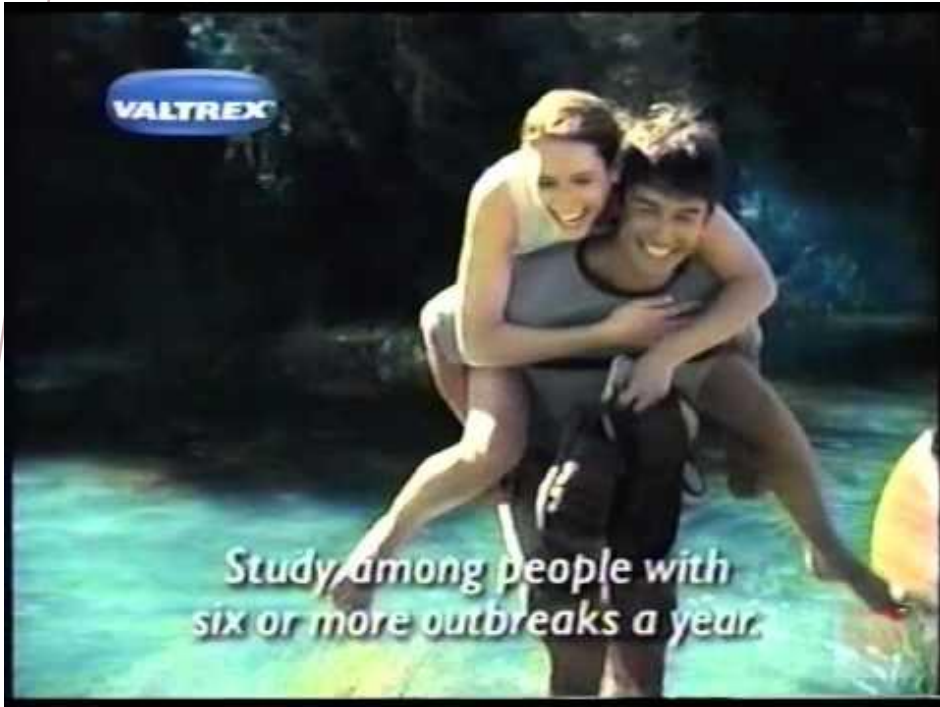
Pharmaceutical Influence



PHARMACEUTICAL COMPANY ADS



DIRECT TO CONSUMER ADVERTISING



Commercials you see on TV **All Day Long**

- Legal in the US since mid 1990s
- Only Legal in 2 countries in the world, US and New Zealand
- In 2003: \$59 million spent
- In 2018: over \$6.4 billion
- **↑ 100x** more money spent 15 years later.
- For every dollar they spend, they make \$2 to \$3 in returns

DIRECT TO CONSUMER ADVERTISING



DIRECT TO CONSUMER ADVERTISING

The advertisement is a screenshot of a website for Prilosec OTC. At the top, the Prilosec OTC logo is on the left, and three navigation links are on the right: "Understanding Heartburn", "About Prilosec OTC", and "Common Questions". The main image shows Larry the Cable Guy, wearing a "Gir & Bone" baseball cap and a white vest over a plaid shirt, smiling and holding a hot dog. In front of him is a plate with three burgers. The background is a blurred outdoor setting with other people and a car. In the bottom left corner, there is a small inset image showing a Prilosec OTC box on a scale and a handwritten note that reads "Cure! ***** 10/27/07" and "Prilosec OTC". In the bottom right corner, there is a large image of a Prilosec OTC box with the text "Treats FREQUENT Heartburn".

Prilosec
OTC

Understanding Heartburn About Prilosec OTC Common Questions

LARRY THE CABLE GUY
ACTUAL USER

Prilosec
OTC
Treats FREQUENT Heartburn

DIRECT TO CONSUMER ADVERTISING





Prilosec
esomeprazole OTC

Understanding Heartburn About Prilosec OTC Common Questions

LARRY THE CABLE GUY
ACTUAL USER

Prilosec
esomeprazole magnesium delayed-release tablets 30 mg/acid reducer
OTC

Treats FREQUENT Heartburn

Prilosec advertisement featuring Larry the Cable Guy. The top section has a purple header with the Prilosec logo and navigation links. Below is a photo of Larry the Cable Guy eating a burger, with the text "LARRY THE CABLE GUY ACTUAL USER". To the right is a box of Prilosec OTC. Below the photo is a small image of a Prilosec OTC box and a testimonial card.

VALTREX

Study among people with
six or more outbreaks a year.

VIAGRA
(sildenafil citrate) tablets

Pfizer VIAGRA.COM 1-888-4VIAGRA

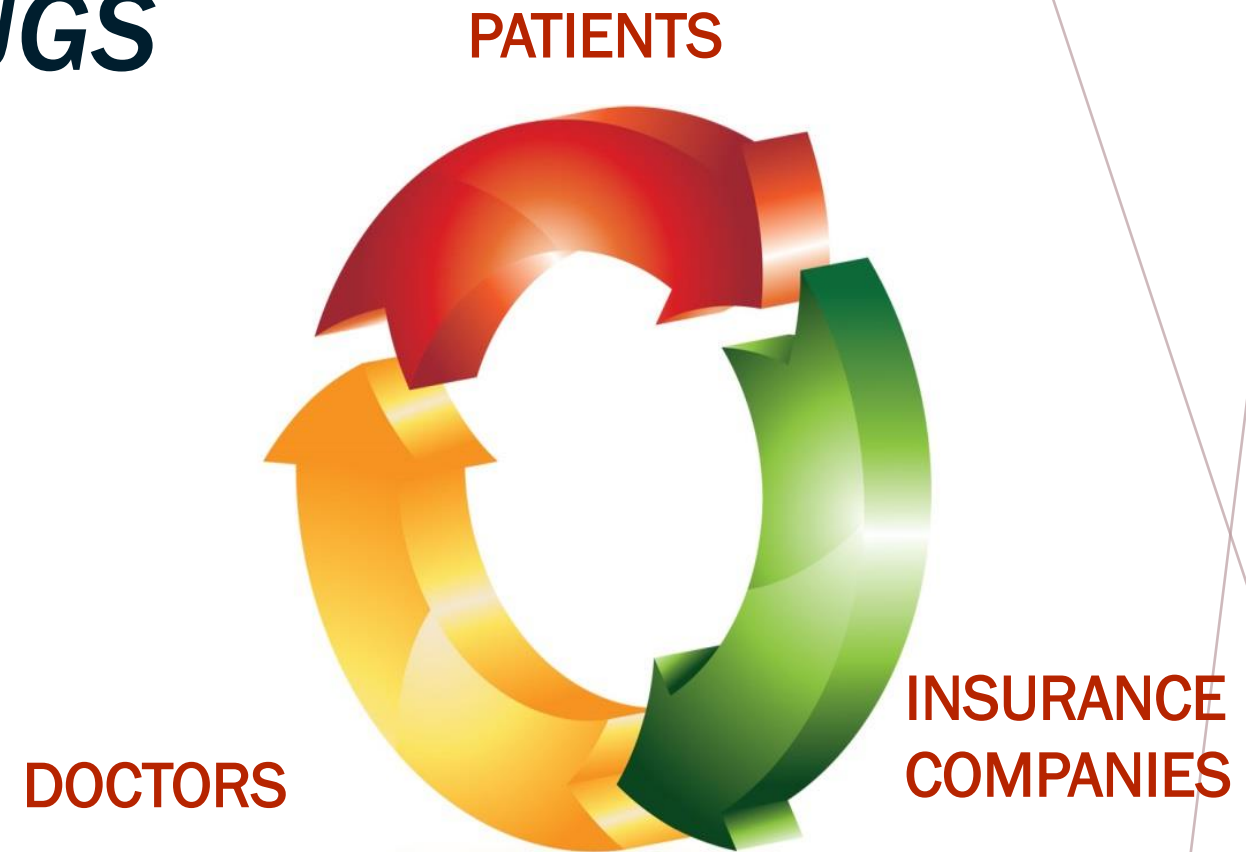
The blue diamond tablet shape is a registered trademark of Pfizer Inc.

VIAGRA advertisement featuring a woman lying on a bed. The top section has a white background with the VIAGRA logo. Below is a photo of a woman lying on a bed, looking at the camera. At the bottom is a black bar with the Pfizer logo, VIAGRA.COM, and 1-888-4VIAGRA. Below that is a line of small text: "The blue diamond tablet shape is a registered trademark of Pfizer Inc."

VICIOUS CYCLE: DRUGS

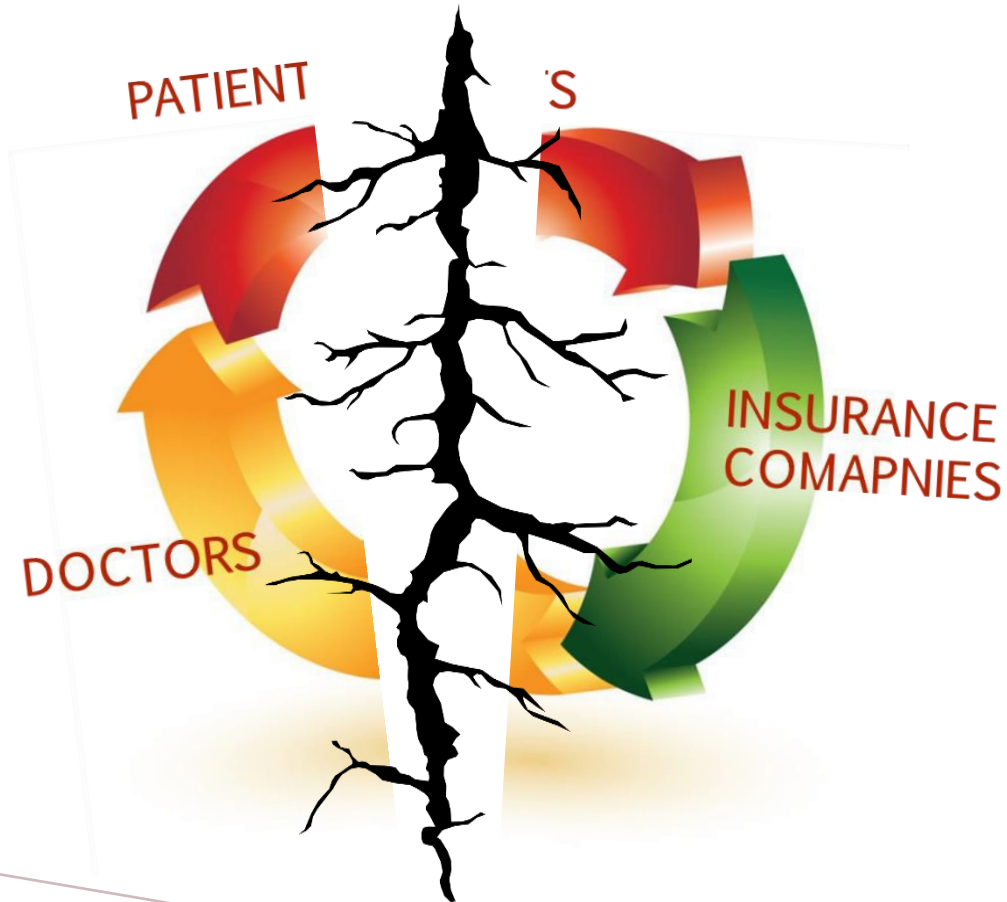
- **Patients** go to medical doctors and expect a **DRUG**.
- **Doctors** are primarily trained in **DRUGS** as a treatment for most health conditions and diseases.
- **Insurance companies** pay primarily for **DRUGS**.

Healthcare revolves around DRUGS!!



Healthcare revolves around DRUGS.

WE NEED TO **BREAK** THIS CYCLE



7 PILLARS OF HEALTH



1 - NUTRITION

- What do we eat?
- Universal truths:
 - Real food from the earth
 - Nutrients have to be absorbed – healthy GI Tract
 - Avoid processed foods, sugars



2 – *DETOXIFICATION*

- Bodies have systems in place to remove toxins.
- Lungs, skin, liver, kidney, lymphatic system.
- Always working to remove the toxins
- But we are overwhelmed:
- Toxins in food, air, water, drugs, vaccines



3 – *POWER OF THE MIND*

- Peace pilgrim “ if you understood how powerful your thoughts are you’d never think a negative thought.”
- Our thoughts and beliefs can help keep us stronger and heal or make us sicker.
- I am going to show you how they create our limiting beliefs
- I AM



4 – *EMOTIONS*

- Emotions serve a purpose
- Emotions must be expressed and released.
- Unexpressed emotions can lead to health conditions and disease.
- From an ingrown toenail to cancer.
- No instructions on how to process, express and release emotions.



5 – *LIFESTYLE*

- Daily habits that can have big impacts on your health
- Sleep, stress, gratitude, sunshine, grounding.
- Avoiding toxic foods, vaccines, smoking
- Protecting yourself from electromagnetic frequencies (EMFs)



6 – *ENERGY*

- Acknowledged in other cultures and practices
- Acupuncture, Reiki, Essential oils, yoga
- Frequency healing, Energy healing,



7 – *PURPOSE*

- What are we supposed to be doing during our time here?



7 PILLARS OF HEALTH

1. Nutrition
 2. Detoxification
 3. Power of the Mind
 4. Emotions
 5. Lifestyle
 6. Energy Healing
 7. Purpose
- Do you agree?
 - Did I leave anything out?
 - Is your doctor trained in any of these?



HEALTH CONDITIONS REVIEW:

DIABETES

ACID REFLUX

ALZHEIMER'S

CANCER



DIABETES

- 37 million children and adults have diabetes in America
- National cost \$327 billion per year in 2017
- Quality of life – diet, testing, doctor appts
- Take meds as prescribed – don't heal, still get complication of disease and side effects



DIABETES: FROM THE “EXPERTS”

WEB MD (webmd.com)

Type 2 diabetes is a **lifelong disease** that keeps your body from using insulin the way it should. People with type 2 diabetes are said to have **insulin resistance**.

CDC (Centers for Disease Control)

Diabetes is a **chronic (long-lasting)** health condition that affects how your body turns food into energy. With diabetes, **your body doesn't make enough insulin** or can't use it as well as it should.

(ADA) American Diabetes Association

To use glucose as energy, your body needs insulin. But with type 2 diabetes, **your body doesn't make enough insulin or doesn't use it well**—and your body's cells can't use glucose for the energy it needs.

World Health Organization

When the **body becomes resistant to insulin** or **doesn't make enough insulin**.

REVERSING DIABETES

Watch: Simply Raw, Reversing Diabetes
in 30 days (documentary on YouTube)

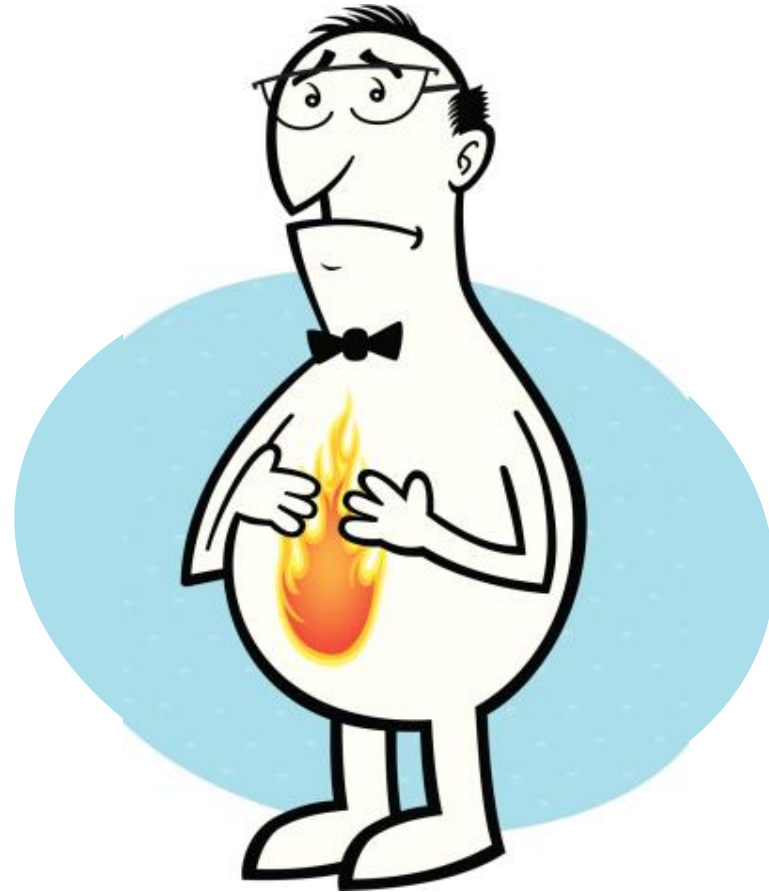
Intermittent Fasting – Jason Fung (many
YouTube videos)

Chlorine Dioxide -
TheUniversalAntidote.com, telegram



ACID REFLUX

- Heartburn
- Food and acid splash up into the esophagus, causing heartburn, chest pains, and belching



COMMON ACID REFLUX MEDICATIONS



DRUG COMMERCIALS



- Looks safe and fun!



Prilosec
esomeprazole magnesium delayed-release tablets, 35 mg, acid reducer
OTC
Treats **FREQUENT** heartburn
Occurring 2 or More Days a Week

Prilosec
esomeprazole magnesium delayed-release tablets, 35 mg, acid reducer
OTC
SWALLOW • DO NOT CHEW
Flavored with Watermelon & Lemon

prilosecotc.com

It's possible while taking Prilosec OTC®. Use as directed for 14 days to treat frequent heartburn. Do not take for more than 14 days or more often than every 4 months unless directed by a doctor. Not for immediate relief.

0:26 / 0:30





TV Commercial - Nexium Direct - Dinner - 24 Hour Heartburn Relief



Your doctor could diagnose this damage as erosive esophagitis, which may affect 1 in 3 acid reflux sufferers.



TV Commercial - Nexium Direct - Dinner - 24 Hour Heartburn Relief

19,296 views • Apr 9, 2014

LIKE DISLIKE SHARE SAVE ...



PROBLEM WITH TAKING ACID REFLUX MEDS



PROBLEM #1

- Most meds in this class are only **approved** by manufacturer for use for **8 to 12 weeks** –



Use as directed for 14 days.

Do not take for more than 14 days or more often than every 4 months unless directed by a doctor.

PROBLEM #1

- Nexium – up to 14 days



DOSAGE & ADMINISTRATION

Directions

- adults 18 years of age and older
- this product is to be used once a day (every 24 hours), every day for 14 days
- may take 1 to 4 days for full effect

14-Day Course of Treatment Repeated 14-Day Courses (if needed)

- swallow 1 capsule with a glass of water before eating in the morning
- take every day for 14 days
- do not take more than 1 capsule a day
- swallow whole. Do not crush or chew capsules.
- do not use for more than 14 days unless directed by your doctor
- you may repeat a 14-day course every 4 months
- **do not take for more than 14 days or more often than every 4 months unless directed by a doctor**
- children under 18 years of age: ask a doctor before use. Heartburn in children may sometimes be caused by a serious condition.

<https://dailymed.nlm.nih.gov/dailymed/>

PROBLEM #1

- Prevacid – up to 14 days



DIRECTIONS

- adults 18 years of age and older
- this product is to be used once a day (every 24 hours), every day for 14 days
- it may take 1 to 4 days for full effect, although some people get complete relief of symptoms within 24 hours

14-Day Course of Treatment

- swallow 1 capsule with a glass of water before eating in the morning
- take every day for 14 days
- do not take more than 1 capsule a day
- swallow whole. Do not crush or chew capsules.
- do not use for more than 14 days unless directed by your doctor

Repeated 14-Day Courses (if needed)

- you may repeat a 14-day course every 4 months
- do not take for more than 14 days or more often than every 4 months unless directed by a doctor
- children under 18 years of age: ask a doctor before use. Heartburn in children may sometimes be caused by a serious condition.

[CLOSE](#)

<https://dailymed.nlm.nih.gov/dailymed/>

PROBLEM #2

- Side Effects:
 - ↑risk of bone fractures.
 - ↑risk of diarrhea.
 - ↑risk of infections.
 - low magnesium levels
 - vitamin B12 deficiency after long-term (2 to 3 years) use.
 - **Lawsuits:**
 - 1000 lawsuits claiming bone fractures caused by Nexium in 2012
 - 39 lawsuits for kidney damage in 2017. *

PROBLEM #3

- **Stomach acid is a first line defense against invaders**
 - **Virus**
 - **Bacteria**
 - **Fungi**
 - **Parasites**

PROBLEM#4

- **Suppressing the body's attempt to create balance**
 - The acid is there for a reason
 - The Body is working to create balance
 - Like temperature

PROBLEM #5

- When acid in the stomach is reduced:
 - then it hinders digestion
 - What happens to chunks of food that body cannot digest?

- Indigestion / gas
- Irritable bowel disease?
- Malabsorption

Side Effects:

- 1 ↑ risk of bone fractures.
- 3 ↑ risk of diarrhea.
- 5 ↑ risk of infections.
 - low magnesium levels
 - vitamin B12 deficiency after long-term (2 to 3 years) use.

EASY TO GET

- Doctors readily prescribe
- Available over-the-counter
- Covered on insurance
- First line treatment for Gastroesophageal Reflux Disease.

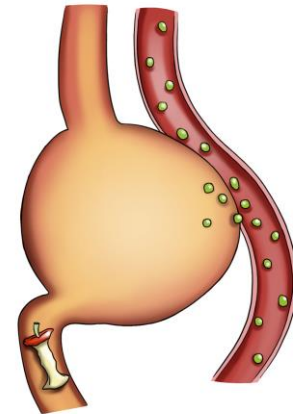
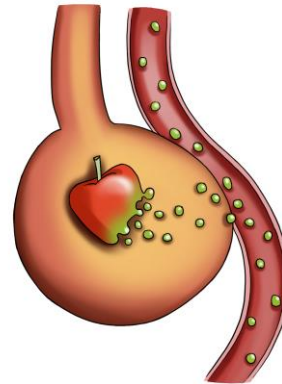


HOLISTIC APPROACH FOR ACID REFLUX



HOLISTIC APPROACH FOR ACID REFLUX

The digestive system has the job of taking whatever it is you decide to swallow, and break it down, absorb the nutrients, and get rid of the waste.



HOLISTIC APPROACH FOR ACID REFLUX

1. **Chew your food – 30 times until food is a liquid.**
2. **Avoid foods that cause excess acid production.**
 - Fried foods , Processed foods, Coffee and alcohol
 - Meat and dairy, baked goods, chocolate, soda



HOLISTIC APPROACH FOR ACID REFLUX

3 Eat simple, natural foods from the earth.

- Whole grains: couscous, oatmeal, brown rice
- Root veggies: sweet potatoes, beets, carrots
- Asparagus, broccoli, Bananas, Melons Nuts



HOLISTIC APPROACH FOR ACID REFLUX

3. Eat simple, natural foods from the earth.

- In the past, people would pick an apple from a tree when apples were in season – to eat it or make an apple pie.



HOLISTIC APPROACH FOR ACID REFLUX

3. Eat simple, natural foods from the earth.



Now food is genetically modified, processed, artificially flavored, artificially colored, with added preservatives and chemicals, injected with antibiotics, hormones, sprayed with pesticides, frozen, packed, microwaved, breaded, fried, and dipped in ranch dressing.

Food contains toxins such as artificially sweeteners, high fructose corn syrup, MSG.

HOLISTIC APPROACH FOR ACID REFLUX

4. Digestive Enzymes – help the body breakdown and digest and utilize all the nutrients.

Papaya, pineapple, honey, kefir, mangoes, bananas, avocados, sauerkraut, kimchi, miso, kiwifruit, ginger.

Can buy supplement at the health food store



HOLISTIC APPROACH FOR ACID REFLUX

5. Probiotics are microscopic organisms (microflora) that help the body build long-lasting immunity and important for a healthy digestive system.

Taking antibiotics can wipe out the bad bacteria as well as the good.

get through foods: fermented foods, sauerkraut, yogurt, kombucha, kefir, miso, pickles, tempeh

Can buy probiotic supplements at the health food store,



HOLISTIC APPROACH FOR ACID REFLUX

6. Relax while eating.

Parasympathetic nervous system (relax)

Versus

Sympathetic nervous system – (fight or flight,)

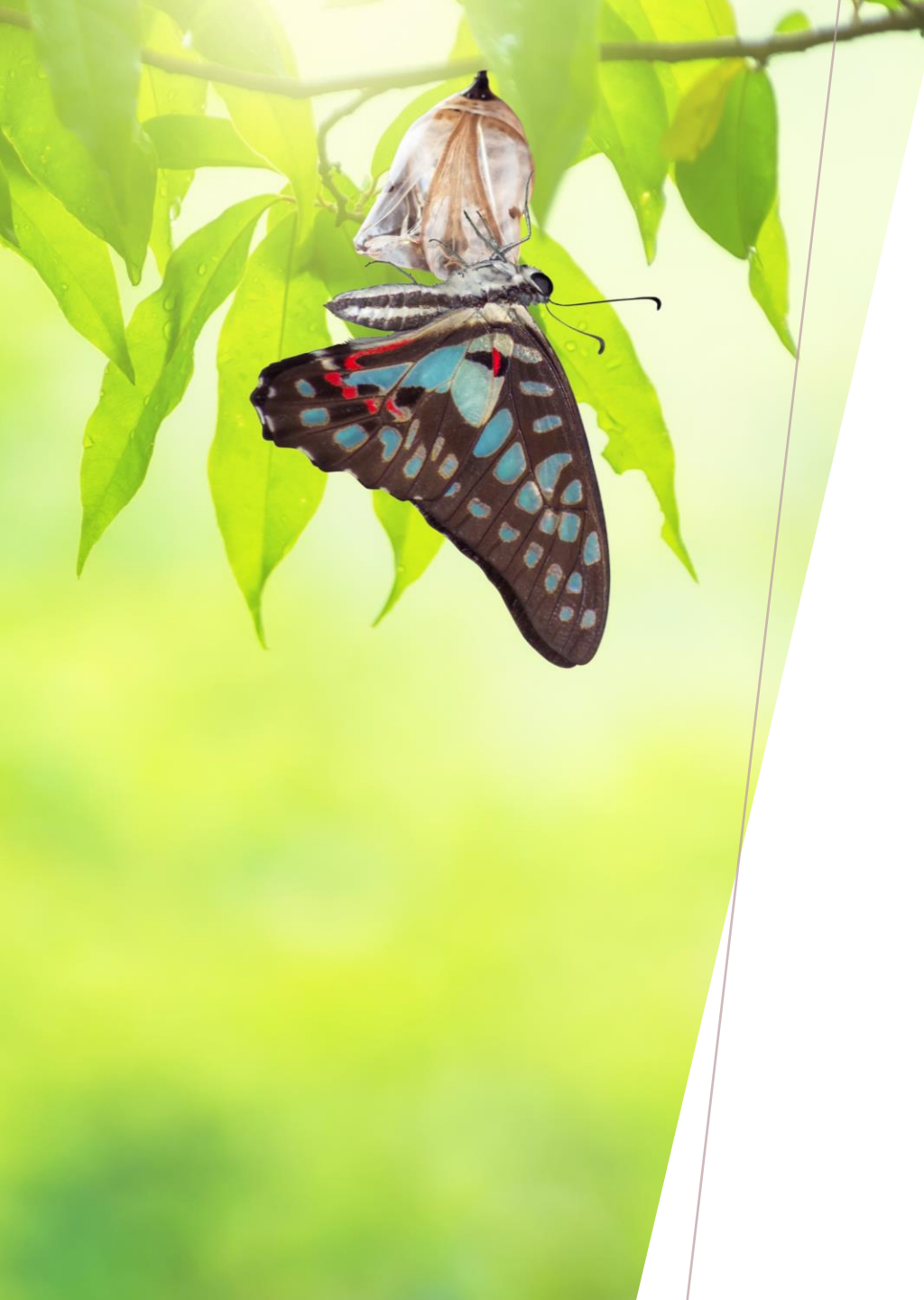


HOLISTIC APPROACH FOR ACID REFLUX

7 . Stop Calling it a Disease

- Heartburn is a symptom that tells your body something is off balance.
- Acid reflux or heartburn can often be reversed with some changes in lifestyle or habits.
- When acid reflux become Gastroesophageal Reflux Disease, it becomes bigger.
- Pharmaceutical companies like to create disease states, helps sell more medications.





HOLISTIC APPROACH FOR ACID REFLUX

1. Chew your food.
2. Avoid foods that create acid in the stomach.
3. Eat simple, natural foods from the earth.
4. Digestive Enzymes
5. Probiotics
6. Relax while eating.
7. Stop Calling it a Disease

A photograph of dandelion seeds floating in the air against a clear blue sky. The seeds are white and fluffy, with some showing the dark brown seed heads. The image is positioned on the left side of the slide, partially overlapping a white diagonal band.

ALZHEIMER'S DISEASE

Alzheimer's disease is one of the top 10 leading causes of death in the United States.

Costs of treating Alzheimer's disease were projected up \$215 billion annually.

Cognitive functioning, activities of daily living, social behavior

Drugs don't heal

A photograph of dandelion seeds blowing away from a seed head against a clear blue sky. The seeds are captured in mid-air, creating a sense of movement. The image is positioned on the left side of the slide, partially overlapping a white geometric shape.

ALZHEIMER'S DISEASE

Causes


We do not yet fully understand what causes Alzheimer's disease. There likely is not one single factor, but rather a combination of factors that cause the disease. These factors, which may affect each person differently, include:

- Genes.
- Family history.
- Environmental factors.
- Lifestyle behaviors.

A photograph of dandelion seeds floating in the air against a clear blue sky. The seeds are white and fluffy, with some still attached to their dark brown stems. The image is partially obscured by a white geometric shape on the right side of the slide.

ALZHEIMER'S DISEASE

No known cure

A thick red arrow pointing from the text 'No known cure' down to the question 'How is Alzheimer's disease treated?'.

How is Alzheimer's disease treated?

Medical management can improve quality of life for individuals living with Alzheimer's disease and for their caregivers. There is currently no known cure for Alzheimer's disease. Treatment addresses several areas:

- Helping people maintain brain health.
- Managing behavioral symptoms.
- Slowing or delaying symptoms of the disease.

ALZHEIMER'S DISEASE

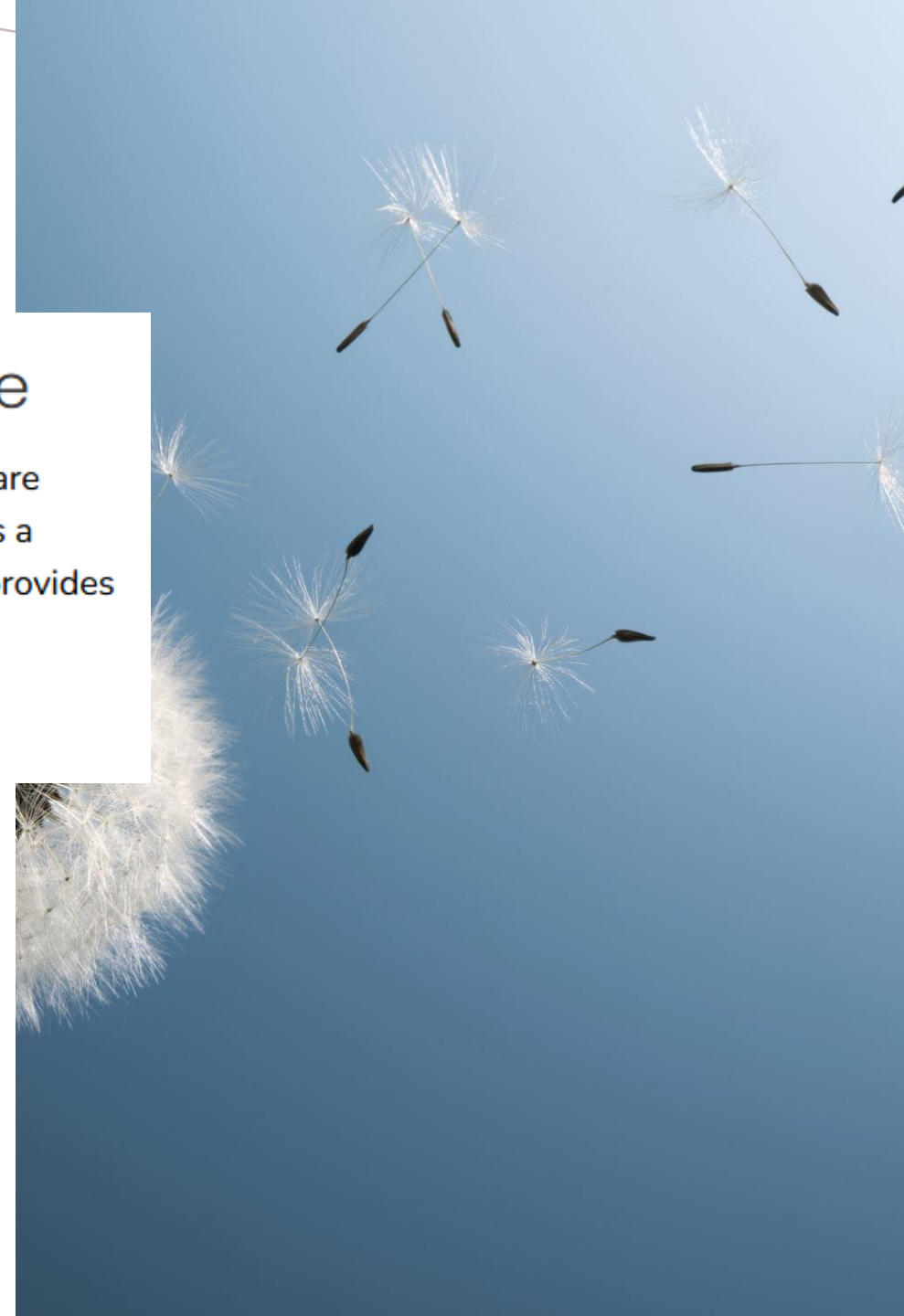
What to do if you suspect Alzheimer's disease

Getting checked by your healthcare provider can help determine if the symptoms you are experiencing are related to Alzheimer's disease, or a more treatable conditions such as a vitamin deficiency or a side effect from medication. Early and accurate diagnosis also provides opportunities for you and your family to consider financial planning, develop advance directives, enroll in clinical trials, and anticipate care needs.

“Not treatable”

“consider financial planning”

<https://www.cdc.gov/aging/aginginfo/alzheimers.htm#treated>



years, depending on other factors.

Learn more: [10 Warning Signs](#), [Stages of Alzheimer's Disease](#)

Alzheimer's has no cure, but three treatments — [aducanumab \(Aduhelm®\)](#), [donanemab \(Kisunla™\)](#) and [lecanemab \(Leqembi®\)](#) — demonstrate that removing beta-amyloid, one of the hallmarks of Alzheimer's disease, from the brain reduces cognitive and functional decline in people living with early Alzheimer's. (Aducanumab will be discontinued on Nov. 1, 2024. Please connect with your provider on treatment options.) Other treatments can temporarily slow the worsening of dementia symptoms and improve quality of life for those with Alzheimer's and their caregivers. Today, there is a worldwide effort underway to find better ways to treat the disease, delay its onset and prevent it from developing.

Learn more: [Treatments](#), [Treatment Horizon](#), [Prevention](#), [Clinical Trials](#)

Alzheimer's as a Continuum

Alzheimer's disease progresses in stages, with the severity of symptoms increasing over time.

Select a stage to learn more.

Asymptomatic



Mild Cognitive Impairment (MCI) due to Alzheimer's Disease



<https://www.wsj.com/articles/biogen-aduhelm-fda-approval-congressional-investigation-11672333482>

HEALTH

FDA Faulted for Working Improperly With Biogen Before Clearing Alzheimer's Drug

Aduhelm approval followed 'atypical' agency contacts with company, congressional report says

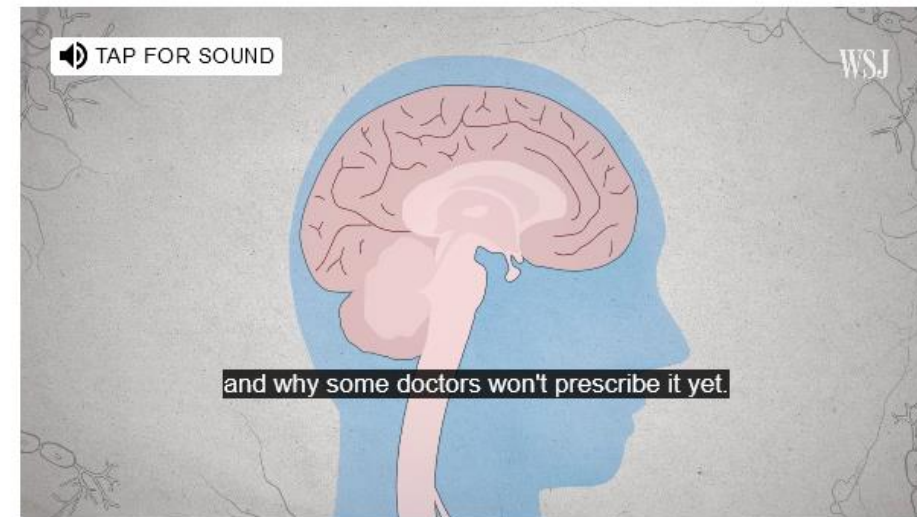
By [Liz Essley Whyte](#) [Follow](#)

Updated Dec. 29, 2022 1:04 pm ET

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Biogen's Aduhelm is the first approved treatment for early-stage Alzheimer's patients that might be able to slow the disease. WSJ explains how the drug interacts with brain cells, and why some doctors aren't ready to prescribe it. Illustration: Jacob Reynolds

← → ↻ <https://www.alz.org/alzheimers-dementia/treatments/alternative-treatments> ☆

★ Bookmarks ✕

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Concerns about alternative therapies

Although some of these remedies may be valid candidates for treatments, there are legitimate concerns about using these drugs as an alternative or in addition to physician-prescribed therapy:

- **Effectiveness and safety are unknown.** The rigorous scientific research required by the U.S. Food and Drug Administration (FDA) for the approval of a prescription drug is not required by law for the marketing of dietary supplements. The maker of a dietary supplement is not required to provide the FDA with the evidence on which it bases its claims for safety and effectiveness.
- **Purity is unknown.** The FDA has no authority over supplement production. It is a manufacturer's responsibility to develop and enforce its own guidelines for ensuring that its products are safe and contain the ingredients listed on the label in the specified amounts.
- **Dietary supplements can have serious interactions with prescribed medications.** No one should take a supplement without first consulting a physician.

Effectiveness and safety are unknown

Purity is unknown.

Dietary supplements can have serious interactions with prescribed medications.

A photograph of dandelion seeds blowing away from a seed head against a clear blue sky. The image is positioned on the left side of the slide, with the seed head in the bottom left corner and several seeds floating upwards and to the right.

ALZHEIMER'S DISEASE

Heavy metals - aluminum and mercury
Statins – cholesterol lowering
medications

Lack of healthy fats

Nicotine receptors

Mitochondria

Nutrition

Lions Mane

CranioSacral Therapy

CHRONIC DISEASE



- about **half of all adults**—117 million **people**—had one or more chronic health conditions.
- According to the CDC, chronic diseases are the primary cause of the United States' **\$4.5 trillion** annual healthcare costs,
- Chronic disease accounts for **90% of the total annual healthcare costs**.

OUR NEW HEALTHCARE SYSTEM

What does it look like?

7 Pillars of Health

Patients are priority

Humanize medicine

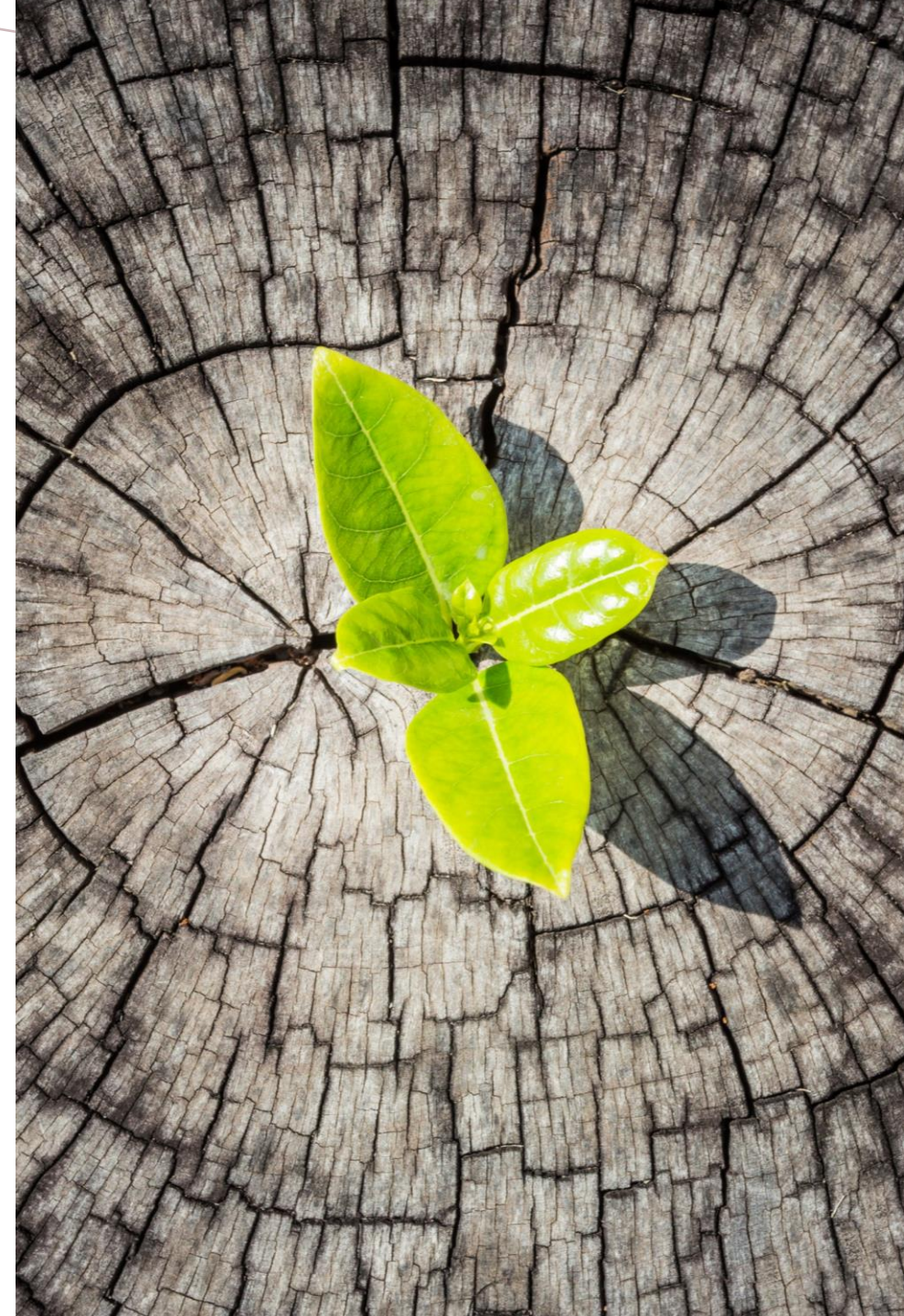
Learn to use our guidance systems

No more pharmaceutical company ads on TV

Insurance for emergencies

Doctors, pharmacists, holistic practitioners on a level playing field.

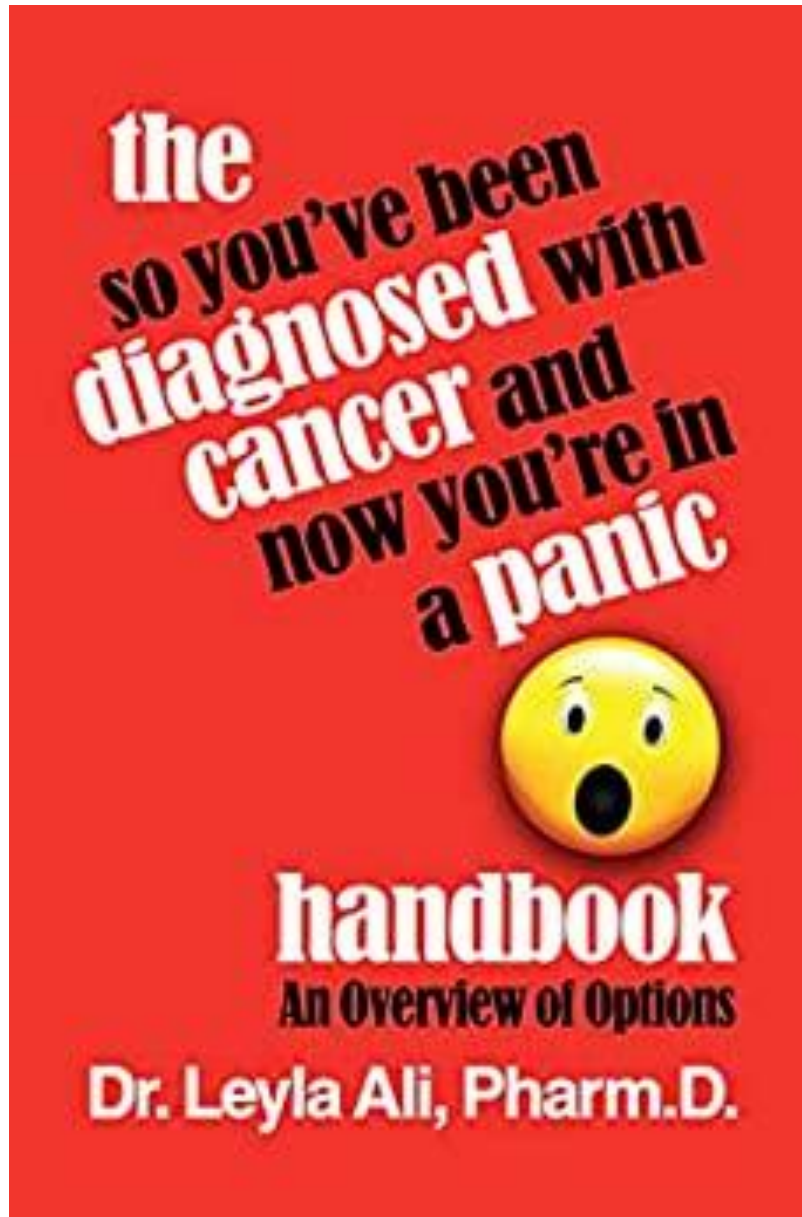
Three letter agencies overhauled or kicked to the curb
FDA, WHO, CDC, ADA





FREE REPORT

- 7 Pillars of Health
- Free report for Deprescribing and these 7 areas of health – starting points
- www.DrLeylaAli.com



CANCER

- Fear, panic
- Pressure to make important decision quickly
- This is by design



CANCER

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the
so you've been
diagnosed with
cancer and
now you're in
a panic

handbook

An Overview of Options

by
Dr. Leyla Ali, Pharm.D.

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a panic



handbook
An Overview of Options
Dr. Leyla Ali, Pharm.D.

WEEKLY ZOOM DEPRESCRIBING

EVERY MONDAY 11AM PST

SIGN UP FOR EMAILS AND
ANNOUNCEMENTS

WWW.DRLEYLAALI.COM

WATCH ON BITCHUTE

WWW.BITCHUTE.COM/DEPRESCRIBINGPHARMACIST

DEPRESCRIBING WEEKLY CLASS AND COMMUNITY

We are excited to launch an online free weekly **Deprescribing class** to help educate patients and providers in effort to help people find better solutions for their health beyond pharmaceutical drugs. In our weekly class we will discuss many approaches to health and healing as well as different perspectives from guest speakers.

Deprescribing: to taper or stop medications with the intention to achieve improved health outcomes.



I NEED MY MEDICINE!!

CLASSES TO INCLUDE:

- Different approaches to many chronic diseases, including allergies, diabetes, pain, acid reflux, cancer, among many others.
- Nutrition
- Detoxification
- Power of the mind
- Emotions and health
- Lifestyle
- Energy Healing
- Alternative and other Natural Healing Modalities

When: Mondays 11AM PST / 2PM EST

Where: online zoom

Who: All are welcome including patients, providers, and anyone looking for better solutions for their health.

Sign up: www.DrLeylaAli.com

SIGN UP



DR. LEYLA ALI

I'm Dr. Leyla Ali, I'm a pharmacist, speaker, and author of *Off Balance the American Way of Health*, *A Pharmacist's Perspective on Why Drugs Don't Work* and the recently released *The So You've been Diagnosed with Cancer and Now You're in a Panic Handbook*. My mission is to share the limitations of medical doctors and drugs, and to share the many approaches to health and healing. In the past I've held monthly Alternative Healthcare Options Mixers, I've given presentations, and this past year I taught a weekly Deprescribing class. I want to continue to share this information in effort to create a new healthcare system where patients are empowered to heal.



 **de-prescribing
PHARMACIST**

OFF BALANCE GIVEAWAY

← → ↺ <https://drleylaali.com/win-big-with-our-off-balance-health-wellness-giveaway/> ☆

offered by each sponsor just for participating!

How to Enter

A chance to win


Entering is simple! Follow these steps for your chance to win:

1. Sign up with your name and email below.
2. Pay \$20 and you will get an Off Balance book and entry
3. Take a picture of yourself standing on one foot with a hamburger in one hand and a bottle of pills in the other. Any variation that you like. Be creative, authentic, funny.
4. Write a paragraph up to 100 words on why you are off balance and why you want to heal.
5. Post your pictures and paragraph in the Facebook group.
6. Follow us on social media to stay updated.
7. Have fun! This should be light-hearted and creative.
8. Share the giveaway with friends!

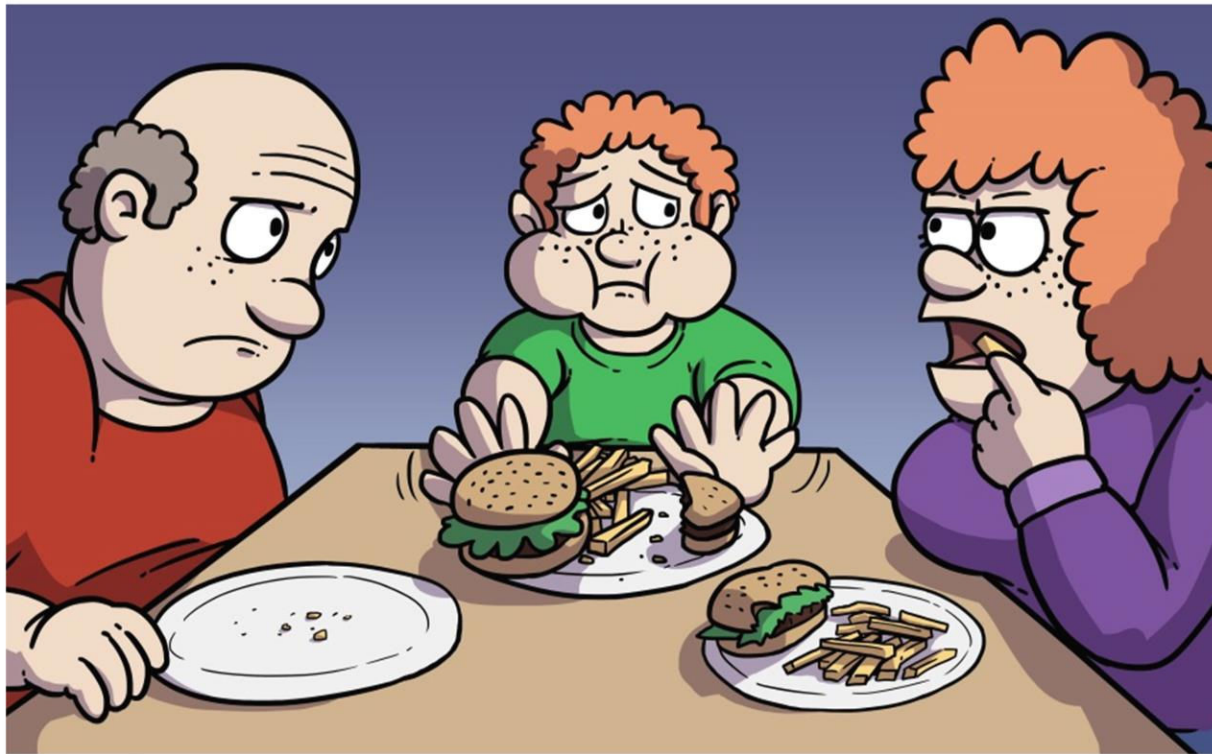
Why Enter?

Many people have been struggling with their health for years when there are better solutions. Many people depend upon their medical doctor for all their healthcare needs. The aim of the Off Balance Giveaway is to bring awareness of the many different types of healing modalities that are available. There are free sessions from practitioners, nutritional products, and other amazing offerings. We've got something for everyone!

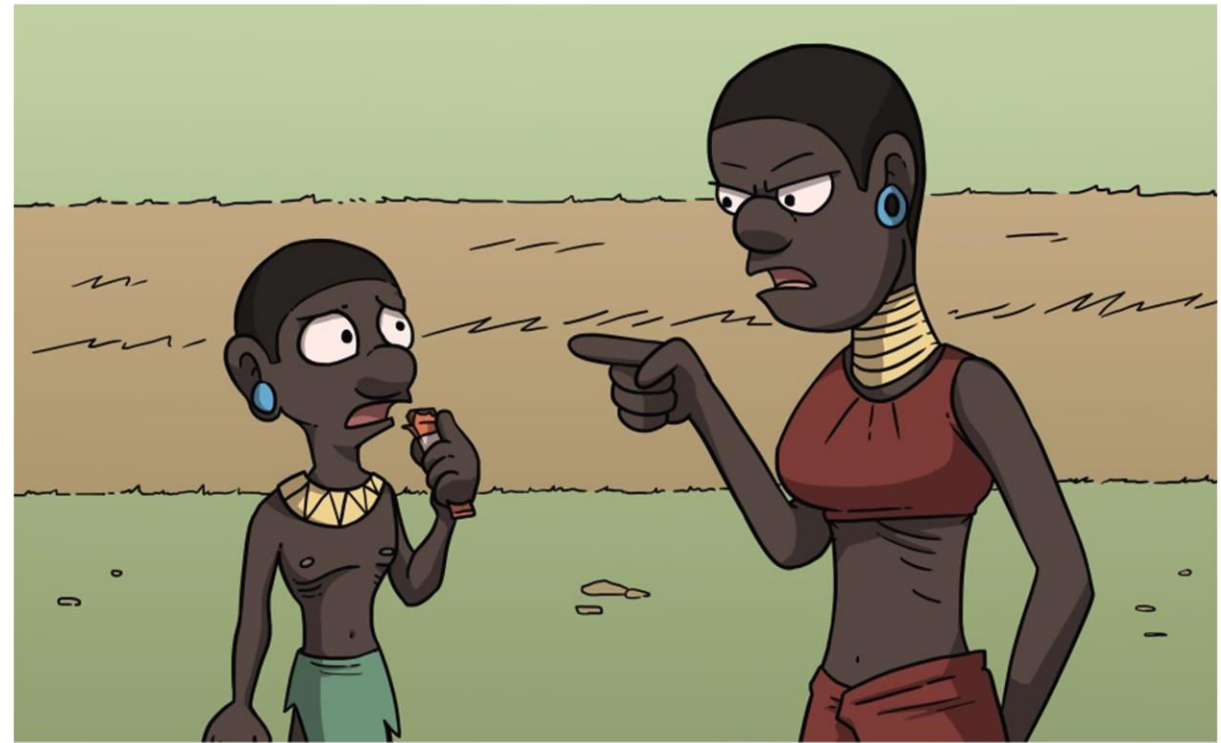
Important Dates



- It's time to change old habits and belief systems that are no longer working



**FINISH YOUR PLATE!
THERE ARE STARVING CHILDREN IN AFRICA!**



**DON'T EAT THAT!
THERE IS AN OBESITY CRISIS IN AMERICA!**

THANK YOU

Dr. Leyla Ali

Deprescribing Pharmacist

www.DrLeylaAli.com

<https://www.BitChute.com/DeprescribingPharmacist>

562.444.5257

